



# MONSTER MAS' GAME PLAN

Grade level 1-5

- ▶ Everyone has a game plan to complete tasks or even just simple everyday things you already do. In this game, you will think of different strategies in which you can use to get to the end result.

ACTIONS	STEP 1	STEP 2	STEP 3	STEP 4
DEALING WITH ANGER	SQUEEZE A BALL	LISTEN TO MUSIC	DRINK SOME WATER	CONTROL YOUR ANGER

